

# *When to stay HOME...*

One of the best ways to help is to stay home when you are sick or after testing positive for COVID-19, even if you are not experiencing symptoms. Please remain in isolation until it's safe to be around others.

Health care and public health authorities advise you to stay home in the following situations:

- You tested positive for COVID-19.
- You had close contact with a household member who has COVID, and you are unvaccinated.
- You had close contact with a person who has COVID, with or without a mask, and you are unvaccinated.
- You have symptoms of COVID: sore throat, runny nose, cough, fatigue, headache, muscle and body aches, new loss of taste or smell, nausea, fever, vomiting, diarrhea or difficulty breathing (unless you have one short-term symptom).
- You are waiting on the results of a COVID test and you had a known exposure or have symptoms. For details on how long to self-quarantine, and testing options, please visit

[https://eiph.idaho.gov/Home/Hot%20Topics/Coronavirus/EIPH%20COVID-19%20Decision%20Tree\\_Revised\\_4-21-21.pdf](https://eiph.idaho.gov/Home/Hot%20Topics/Coronavirus/EIPH%20COVID-19%20Decision%20Tree_Revised_4-21-21.pdf)