

# COVID Attendance FAQ

## CAN I COME TO SCHOOL OR WORK WITH OR WITHOUT A MASK WHEN: I HAVE A POSITIVE LAB TEST FOR COVID?

- **If you have a positive COVID-19 test with symptoms:** You SHOULD NOT attend in-person classes. You should use available remote learning options. You may return to building after isolating for 10 days since the date symptoms started AND 24 hours have passed since fever resolved (without medication) AND symptoms have improved.
- **If you have a positive COVID-19 test without symptoms:** You SHOULD NOT attend in-person classes. You should use available remote learning options. You may return to building after isolating for 10 days since the date of positive test collection.

## CAN I COME TO SCHOOL OR WORK WITH OR WITHOUT A MASK WHEN: I HAVE HAD A KNOWN EXPOSURE OR CLOSE CONTACT TO COVID POSITIVE WHEN THE EXPOSURE WAS MASKED OR UNMASKED?

- If you've been exposed to someone with COVID-19, you are unvaccinated and have no symptoms, Public Health recommends the following:
- Stay in quarantine for 14 days after your last contact. This is the safest option.
- If this is not possible, stay in quarantine for 10 days after your last contact, without additional testing.
- If the first two options are not possible, stay in quarantine for 7 full days beginning after your last contact and if you receive a negative test result (get tested no sooner than day 5 after your last contact). This option depends on the availability of testing resources and may not be recommended in some settings.
- If you are fully vaccinated, yes you may attend school or work. It is recommended you wear a mask while indoors at school or work for 14 days from the last exposure.

## I HAVE HAD CLOSE CONTACT WITH A HOUSEHOLD MEMBER WHO HAS COVID (PARENT, SPOUSE, SIBLING, OR OTHER)

- If you've been exposed to someone with COVID-19, you are unvaccinated and have no symptoms, Public Health recommends the following:
- Stay in quarantine for 14 days after your last contact. This is the safest option.
- If this is not possible, stay in quarantine for 10 days after your last contact, without additional testing.
- If the first two options are not possible, stay in quarantine for 7 full days beginning after your last contact and if you receive a negative test result (get tested no sooner than day 5 after your last contact). This option depends on the availability of testing resources and may not be recommended in some settings.
- If you are fully vaccinated, yes you may attend school or work. It is recommended you wear a mask while indoors at school or work for 14 days from the last exposure.

## I HAVE SYMPTOMS OF SORE THROAT, RUNNY NOSE, COUGH, FATIGUE, HEADACHE, MUSCLE AND BODY ACHES, NEW LOSS OF TASTE OR SMELL, NAUSEA, FEVER, VOMITING, DIARRHEA, OR DIFFICULTY BREATHING

- If you have one or more symptoms with NO close contact of someone with COVID-19 AND no test results are available: You SHOULD NOT attend in-person classes. You should use available remote learning options. You may return to building after

isolating for 10 days since the date symptoms started AND 24 hours have passed since fever resolved (without medication) AND symptoms have improved, unless you have one short-term symptom.

#### **WHAT IS A SHORT-TERM SYMPTOM?**

- A SHORT-TERM SYMPTOM is defined as: You have only one of the following symptoms (fatigue; headache; muscle pain or body aches; sore throat; congestion or runny nose; nausea or vomiting; or diarrhea) AND the symptom begins and resolves in less than 24 hours AND no known close contact COVID-19 exposure. You can return to school the next day if the short-term symptom resolves. A COVID-19 test is not required.

#### **I HAVE ONE OR MORE OF ANY COVID SYMPTOMS AND A NEGATIVE TEST OR AN ALTERNATIVE DIAGNOSIS AND NO CLOSE CONTACT**

- If you have one or more symptoms AND a negative test -or- an alternate diagnosis: You SHOULD NOT attend in-person classes. You should use available remote learning options. You may return to building after 24 hours have passed since fever resolved (without medication) AND symptoms have improved -or- if alternate diagnosis by health care provider, follow provider directions and isolate per condition diagnosed (whichever isolation is longer).

#### **I HAVE A PENDING COVID TEST, WITH A KNOWN EXPOSURE AND SYMPTOMS**

- If you have one or more symptoms and CLOSE CONTACT of someone with COVID-19 AND no test results are available: You SHOULD NOT attend in-person classes. You should use available remote learning options. You may return to building after isolating for 14 days since the last date of close contact.

#### **I HAVE TRAVELED TO OR LIVE IN AN AREA THAT IS DESIGNATED AS SUBSTANTIAL OR HIGH COMMUNITY TRANSMISSION**

- Yes, you can attend school with or without a mask.

#### **I HAVE TRAVELED TO OR LIVE IN AN AREA THAT IS DESIGNATED AS SUBSTANTIAL OR HIGH COMMUNITY TRANSMISSION AND I HAVE SYMPTOMS**

- If you have one or more symptoms with NO close contact of someone with COVID-19 AND no test results are available: You SHOULD NOT attend in-person classes. You should use available remote learning options. You may return to building after isolating for 10 days since the date symptoms started AND 24 hours have passed since fever resolved (without medication) AND symptoms have improved, unless you have one short-term symptom.

## 2021-2022 DEPARTMENT OF EDUCATION BACK TO SCHOOL GUIDANCE (COVID)



- As school resumes for the 2021-2022 year, Idaho public schools are still facing many of the same issues that made last year challenging. Superintendent Ybarra, the [Department of Health and Welfare](#) and education stakeholders around the state are committed to supporting school districts and charter schools to ensure students have a successful school year.

[Click here to review the 2021-2022 Idaho Department of Education Back to School Guidance](#)

### I have questions about coronavirus. How can I get them answered?

Eastern Idaho Public Health has established a hotline for community members to get answers to questions about coronavirus.

**Call 1-855-533-3160**

**Hotline hours: Monday through Friday, 8 AM to 5 PM.** (Hours may expand in the future).

For up-to-date information, visit the [CDC coronavirus website](#) or EIPHD's COVID Tracker

[https://eiph.idaho.gov/Home/Hot%20Topics/Coronavirus/COVID\\_DataDashboard.html](https://eiph.idaho.gov/Home/Hot%20Topics/Coronavirus/COVID_DataDashboard.html)